



Variable	Mean	SD	Min	Max
Age	34.5	10.5	20	55
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	1.5	10	15
Income	15.5	5.5	10	25
Occupation	1.5	1.5	0	3
Health status	1.5	1.5	0	3
Life satisfaction	4.5	1.5	1	7
Stress	3.5	1.5	1	6
Depression	2.5	1.5	0	5
Loneliness	3.5	1.5	1	6
Self-esteem	4.5	1.5	1	7
Resilience	5.5	1.5	3	7
Optimism	5.5	1.5	3	7
Gratitude	5.5	1.5	3	7
Forgiveness	5.5	1.5	3	7
Compassion	5.5	1.5	3	7
Empathy	5.5	1.5	3	7
Kindness	5.5	1.5	3	7
Generosity	5.5	1.5	3	7
Patience	5.5	1.5	3	7
Humility	5.5	1.5	3	7
Modesty	5.5	1.5	3	7
Shyness	5.5	1.5	3	7
Introversion	5.5	1.5	3	7
Extroversion	5.5	1.5	3	7
Social skills	5.5	1.5	3	7
Communication skills	5.5	1.5	3	7
Problem-solving skills	5.5	1.5	3	7
Decision-making skills	5.5	1.5	3	7
Leadership skills	5.5	1.5	3	7
Teamwork skills	5.5	1.5	3	7
Conflict resolution skills	5.5	1.5	3	7
Emotional regulation skills	5.5	1.5	3	7
Stress management skills	5.5	1.5	3	7
Time management skills	5.5	1.5	3	7
Organization skills	5.5	1.5	3	7
Planning skills	5.5	1.5	3	7
Goal setting skills	5.5	1.5	3	7
Self-discipline skills	5.5	1.5	3	7
Perseverance skills	5.5	1.5	3	7
Resilience skills	5.5	1.5	3	7
Optimism skills	5.5	1.5	3	7
Gratitude skills	5.5	1.5	3	7
Forgiveness skills	5.5	1.5	3	7
Compassion skills	5.5	1.5	3	7
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Extroversion skills	5.5	1.5	3	7
Social skills</				

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